

48-hour starter route

One anchor each morning, one generous meal and a flex block for weather, jet lag or a street you want to follow.

01 Castle, river, neon Keep the middle open 09:00 Osaka Castle Park Walk the outer moat before choosing the keep, museum or gardens. 13:00 Nakanoshima Coffee and a riverside loop; use the water as your compass. 18:00 Hozenji + Dotonbori Start in a small lantern-lit lane, then take the canal view after dark.	02 Market, lanes, wide views Start before the heat 08:30 Kuromon Market Walk once, then choose one or two breakfast-sized tastes. 12:30 Shinsekai Take the back streets toward Tsutenkaku and stop where the menu looks busy. 17:30 Umeda Finish above the rooftops and keep the final train home simple.
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Keep these three things flexible

Weather Swap an outdoor walk for a museum or department-store food hall.	Appetite Share the first plate and leave room for the unplanned snack.	Energy One landmark, one neighbourhood and one meal is a full day.
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